Roles of Abuse

Abuser: A person who physically, sexually, verbally, or emotional hurts or attempts to control an intimate partner.

Target: A person who is subjected to controlling behavior or hurt physically, sexually, verbally, or emotionally by an intimate partner.

Bystander: A person who is aware or suspects that someone is being abused in a dating relationship. The bystander may become aware of the abuse through the abuser's or the target's actions or words.



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Dating & Domestic Violence Prevention Program

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GENDER -BASED VIOLENCE

Approximately 1 in 4 women and 1 in 5 men have experienced physical violence in intimate relationships

STALKING

Engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for their safety or suffer substantial emotional distress.

- 78% of stalking victims are females
- 87% of stalkers are male
- Less than 10% of stalking victims are stalked by a stranger
- 52% of stalking victims are 18-29 years old

DATING/DOMESTIC VIOLENCE

A pattern of physically, sexually, verbally, and/or emotionally abusive or controlling behavior in a dating relationship.

Dating/Domestic violence is more than a bruised face or broken arm. It includes:

- Physical Abuse -Any unwanted contact with the other person's body. Physical abuse does not have to leave a mark or a bruise.

- Sexual Abuse -Any sexual behavior that is unwanted or interferes with the other person's right to say "no" to sexual advances.

- Emotional Abuse -Saying or doing something to the other person that causes the person to be afraid and/or have lower self-esteem.

Sexual Assault

Any involuntary sexual act in which a person was forced to engage against her/his will.

Recognizing Red Flags

- Extreme jealousy
- Preventing you from making your own decisions
- Constant put downs and verbal threats in person, online, via email or text message
- Being asleep or unconsciousness
- Incapacitation due to excessive use of alcohol or drugs
- Persistent phone calls or text despite being told not to make contact in any form
- Threats to family, friends, property or pets of the victim
- Waiting for the victim at workplace, in the neighborhood/residence hall, after class, and where the stalker knows the victim goes

References

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BE AN ACTIVE BYSTANDER

Sometimes the person being targeted isn't able to stop the escalation and that's when it's important for friends or bystanders to step in. SOAR:

- 1. S See a Problem
- 2. O- Overcome Obstacles
- 3. A- Assume Responsibility
- 4. R- Respond
- Direct say something to those involved
- Delegate get others to help with the situation
- Distract create a distraction

PREVENTION METHODS

- Don't ignore it
- Lend an ear
- Be available
- Watch out for the signs
- Document every incident
- Raise Awareness
- Help with resources
- Disrupt developmental pathways toward partner violence
- Create protective environments